SOCIAL SERVICE

REPORTS

ARC - Rutland Area

Serving Citizens with Developmental Disabilities

United Way

2013 ANNUAL REPORT ~ CASTLETON

Our mission is to advocate for the rights of individuals and families with Developmental Disabilities to be regarded as valued citizens with the same entitlements as a non-disabled individual, including the right to lifelong opportunities for personal growth and full participation in the community.

BOARD OFFICERS:

Ric Reardon, President

Al Goodermote, Vice-President

Sandra Murray, Treasurer

Sherry Boudreau, Secretary

BOARD MEMBERS:

Janet Wetherby

Halle Loomis

Stevie Smiel

Fred Wortman

Bill Kendrick

John Dunlap

Jessalyn Gustin

Lisa Wilson

John Mattison, Jr

HONORARY MEMBER:

Richard Wildes

Terry Mangieri

In 2013:

- We were representative payee for about 50 clients referred to us by Social Security and other Human Service agencies and organizations.
- Provided Five dances throughout the year: Valentines, End of Winter, Spring Fling, Halloween, and our annual Christmas Dinner Dance – together these events were attended by about 569 people.
- ARC- Rutland Area supported the local Self-Advocacy group for people with developmental disabilities; they, focus on group goals, share what has been going on in their lives and gain committee meeting experience. They can be called upon to provide an Abilities Awareness Training. Pennies collected, funds from a car wash, and funds from their candy bar sales go toward a family they adopt at Christmas through the Boys and Girls.
- ARC continued to support The Rutland Family Support Network, which is lead by parents, is ongoing with their listserve, monthly potluck gatherings and sibshops.
- Some of our efforts have again gone into the Transportation grant. We used the Elderly & Disabled Grant to help get people with transportation gaps to where they needed to go. We provide transportation for the self advocacy group, Aktion Club, events and our dances.
- The Aktion Club, is a group of adults living with disabilities giving back through community service and is co sponsored by the Kiwanis Club of Rutland. This year they participated in a pet food drive, Pack the Paramount food drive, Stuff A Bus food drive, Grow and Donate Garden veggies, clean up around the Amtrak station and help ARC with petitions.
- Each time an event is being planned we mail out a newsletter to invite all members and interested parties on the mailing list (approximately 460 addresses), they also get updates with any information we have in regard to the Advocacy, Resources or Community opportunities for people with Developmental Disabilities and their families. People have gotten valuable information on; upcoming trainings, possible legislative changes, support circles, coming events, and some free to low cost activities in the community.

On behalf of the Board Members, friends, and families; we are grateful for the support and continued assistance from the citizens of the Rutland Area. We receive neither state nor federal funding, our main sources of income continue to be allocations from United Way and 14 other towns/city in the greater Rutland Area. Our minor sources of income come from our membership and service fees, this year we continued doing 50/50 raffles and taking door donations at our events. We thank all who have donated to ARC-Rutland Area and made these great things possible. In 2014, there were a total of 43 residents in Castleton and 896 residents in the greater Rutland Area who took advantage of all the opportunities we offered. Our 2014 funding request is $3,500. We do all this, with three part-time employed positions, two part-time volunteers and much community support. For those who want to use our services or volunteer, please call 775-1370.

1958—2013 Celebrating 55 Years of Service

Sincerely,

Lisa S. Lynch
Executive Director

128 Merchants Row, Suite 302, Rutland, V)1-5915~ (802) 775-1370 Fax 775-4544
Email address: arcrutlandarea@myfairpoint.net W **http:/home.myfairpoint.net/~arcrutlandarea**

BROC

Community Action in Southwestern Vermont

Since 1965

November 19, 2013

To the Citizens of the Town of Castleton and Members of the Selectboard,

BROC – Community Action in Southwestern Vermont would like to take this opportunity to thank the citizens of Castleton who have supported low-income families and our agency through the balloting process in past years. BROC continues to experience a large number of low-income individuals and families coming through our doors each day.

Last year, BROC helped meet the basic needs of 165 individuals in the Town of Castleton, as well as worked with 3 homeless families to find housing. In addition, BROC weatherized homes for 4 individuals through our Weatherization & Energy Conservation program, BROC's Child and Adult Care Food Program (CACFP) reimbursed 4 day care home providers in Castleton for serving nutritious meals to about 40 children in their care, and BROC's Economic & Workforce Development Program (EWDP) worked with 6 Castleton residents interested in starting or expanding a small business. BROC also created several new partnerships and collaborations throughout the year with local organizations and businesses to help raise food for our emergency food shelf; as well as to help raise much needed funds through fund raising so that the needs of our neighbors continue to be met.

With your help, BROC is able to help many families facing the difficult decisions on how to make their budgets work, at times having to choose to feed their children or pay the rent. Sometimes being able to access a few meals from BROC or having a dry, warm place to stay at night can make all the difference.

Our appropriation request for the upcoming year is $2,725.00.

Sincerely,

Linda Rooker

Linda G. Rooker
Executive Director

Home Office: 60 Center Street, Rutland, VT 05701 802-775-0878 Fax: 802-775-9949 800-717-BROC
Satellite Office: 332 Orchard Road, Bennington, VT 05201 802-447-7515 Fax: 802-447-7516
Linda G. Rooker, Executive Director lrooker175@aol.com * www.broc.org

Castleton Cares Inc.

A Hand of Hope
in Our
Neighbors' Need

504 Main Street
PO Box 475
Castleton, VT 05735
802.468.2444
castletoncares@yahoo.com
www.castletoncares.org

President's Report

Serving the needs of the community of Castleton has been the primary focus of Castleton Cares, Inc. since March 2010. This year, in keeping with our mission, we continue to work to provide support for our brothers and sisters in need. That may take the form of food, clothing, or help with heat and electricity.

Over the course of the year, CCI saw a few changes. We said good-bye to our director, Bev Carroll, who took a position closer to her home. We welcomed to the position Lyn Petty. Lyn shares that she has found the position to be very rewarding and that it also keeps her very busy. Mary Waite also resigned from the board and her office as secretary. Father Furman was relocated and also resigned his position as president. We miss them and thank them for their years of support. Mary continues to serve as a volunteer at the Food Shelf.

As always, there are lots of volunteers who support the work. We want to thank them all for their commitment. Some stock shelves, some donate generously, others work the food shelf. We benefit from the support of those who donate during our letter campaign, and from the monies we receive from the town. In addition, special food drives like Castleton State's Canstruction, also support the work of the Food Shelf.

It has been an exciting few months for me. One of the highlights for me was the new voucher system and our collaboration with the Rutland Open Door Mission to provide clothing. Special thanks to everyone who was involved in making that a reality.

We are looking forward to greater needs being expressed as we see a decrease in federal funding to food and fuel support programs. My hope is that together, we can continue to offer that hand of hope, in our neighbors' need.

The Food Shelf has serviced 123 individual families during January-December. There has been an increase of 26 recipients in comparison to 2012. This indicates that the services are needed and are accessible to those in need of food, gas, fuel and electric assistance. In addition we provided Food Baskets 12 baskets in February,10 baskets in November and 20 baskets in December.

Respectfully submitted,

Ceil Hunt

CASTLETON CEMETERY ASSOCIATION

2013

Beginning Balance....(1-1-13)..... $12,202.44

RECIEPTS

Lot Sales $2,130.00

Marker Sales.....$150.00

Burials .. (full) .. $4,250.00 / Cremations .. $3,175.00 .. total ...$7,425.00

Town Appropriation.....$19,000.00

Transferred from savings for operations..... .... $2,448.17

Transferred from Perpetual Care for operations $7,000.00

TOTAL RECIEPTS..... . $50,355.61

EXPENDITURES

Personal Services.....$18,257.65

Operating Expenses (includes $75.00 Railroad Lease).....$3,390.98

Office Expenses.....$187.36

Insurance.....$1,804.00

Professional Services.....$3,098.00

Gas / Parts / Labor.....$2,523.19

Taxes.....$8,966.23

Total Expenditures.....$38,227.41

Ending Balance....(12-31-13).....$12,128.20.

CASTLETON CEMETERY ASSOCIATION

2013

Sinking Fund (Savings)

SINKING FUND…(Savings account)

Beginning Balance (1-1-13)……..... . .$2,448.02

Interest……..... ..... $0.15

Transferred to checking for operations $2,448.17

Ending Balance….(12-31-13)……..... $0.00

CASTLETON CEMETERY ASSOCIATION

2013

Perpetual Care Account

PERPETUAL CARE ACCOUNT

Beginning balance…(1-1-13)……..... . $9,212.10

Interest earned……..... .... $0.57

Transferred to checking for operations $7,000.00

Ending Balance.. (12-31-13)……..... . $2,212.67

Castleton Community Seniors
2108 Main Street
Castleton, VT 05735

To: Voters of the Town of Castleton
From: Castleton Community Seniors, Inc.

The Castleton Community Seniors extend a sincere thank you to the voters of the Town of Castleton for their continued support that has allowed the growth of our senior and disabled transportation program, senior meal site, health and fitness activities, children's summer camp and numerous other educational and recreational programs and services.

- The Castleton Community Seniors provided 4,815 rides this past year for seniors and disabled residents of our community for doctor's appointments, physical therapy, adult day care, senior meals and essential food shopping. Our senior meals programs served 1,877 nutritious hot meals in our dining room and assisted in distributing over 4,000 home delivered Meals on Wheels. Both of these programs help to improve the quality of life for older adults, many of whom are living alone and unable to drive.

- Our Wellness Center offers a variety of disability and disease prevention programs for older adults. Exercise and fitness programs include osteoporosis prevention classes, Tai Chi for Arthritis, Tai Chi for Diabetes, Zumba and a Matter of Balance falls prevention program. Our walking trail with fitness stations is open to all members of the community, with the added advantage of a packed surface suitable for individuals with limited mobility.

- Our new Chore Corps program was launched in October. It is designed to help seniors remain independent and in their own homes longer by connecting them with volunteers who can help them with chores and home projects.

- Our SCAMP summer day camp program, serves an average of 40 children per day (ages 6-10) from approximately 67 families. A nutritious, USDA approved, breakfast and lunch are served each day. Activities include swimming at the town beach and Castleton State College pool, reading groups, field trips, gardening, crafts and games. At least 50% of the campers come from low income families and are provided full tuition scholarships for the four week program.

- The Community Center serves as a weekly or monthly meeting place for numerous local groups and organizations including: Castleton First Response, Castleton Fire District #3, Child Care Providers, Girl Scouts, 4H, Lake Bomoseen Association, Castleton Select Board, Castleton Planning Commission and Rutland Farmers Market.

Financial support for the Community Center programs and services comes from special event fund raisers, donations, program fees, grants, membership dues and appropriations from the towns of Castleton, Fair Haven and Hubbardton. Thank you!

GREEN UP VERMONT
P.O. Box 1191
Montpelier, Vermont 05601-1191
(802)229-4586, or 1-800-974-3259
greenup@greenupvermont.org
www.greenupvermont.org

Dear Select Board/Town Clerk: October 1, 2013

Please consider Green Up Vermont's request for your community's financial support. We respectfully ask you to include the appropriate amount from the guide below in your budget for next year. This guide remains the same as in previous years:

For towns under 1,000 population . . . . . $ 50
For towns over 1,000 and under 2000 . . . $100
For towns over 2,000 and under 3000 . . . $150
For towns over 3,000 and under 4000 . . . $200
For towns over 4,000 population $300

Sincerely,
Melinda Vieux
President

PLEASE NOTIFY US IF YOU REQUIRE A SECOND REQUEST LETTER FOR FUND DISTRIBUTION.

Annual report information - Green Up Day, May 4, 2013

(This is available as a downloadable word document on the "About Us" page of our website).

The weather warmed up just in time for Green Up Day 2013! Many towns reported an increase in volunteers, with some towns setting all-time records. Coordinators overall reported seeing and collecting less trash. We are beginning to track illegal dumpsites by town as well, with the help of our coordinators.

Green Up Day celebrated 43 years in 2013. Green Up Vermont is the not-for-profit 501(c) (3) organization responsible for continuing the success of Green Up Day. The success of Green Up for Vermont depends upon two essential ingredients: one is the combined efforts of individuals and civic groups volunteering to make it all possible; and two, the financial support given by the public and private sectors throughout Vermont. The "State" does not "do" Green Up Day.

With your town's help, we can continue Vermont's unique annual tradition of taking care of our beautiful landscape and promoting civic pride so our children grow up with Green Up. Our coordinators tell us that **most of their volunteer force is families with young children**. Green Up Vermont focuses on education for grades K-12 with activities such as a curriculum for K-4, activity booklets, a story and drawing booklet, and the annual poster and writing contests for grades K-12. Please visit www.greenupvermont.org to learn more.

Careful use of resources minimizes Green Up's costs. The State appropriates funds that cover about 12 percent of our budget. Last year, appropriations from cities and towns covered 18 percent of our budget. These funds pay for supplies including over 46,000 Green Up trash bags, promotion, education, and services of two part-time employees. We ask your community to contribute because when you support Green Up Vermont you are not just supporting a program but Vermont and the people who live – and visit – here.

Mark your calendars for the next Green Up Day, May 3, 2014, the first Saturday in May. Put on your boots, get together with your family, invite some friends and come join us in your community to make Vermont even more GREEN!

REGIONAL AMBULANCE SERVICE, INC.
275 Stratton Road
Rutland, VT 05701
Business: 802-773-1746
FAX: 802-773-1717

30th

ANNUAL REPORT

(Fiscal Year Ending June 30, 2013)
30 Years of Service 1983 - 2013

To the Honorable Citizens of Town of Castleton:

We are pleased to present our 30th annual report to the Citizens we serve. Regional Ambulance Service, Inc. has continually provided emergency and non-emergency ambulance service for twenty-nine years. From 1983 to the end of this fiscal year, Regional has responded to 167,501 ambulance calls. This past year, ending June 30, 2013, the service responded to a total of 8,332 ambulance calls in our 12 communities and an additional 413 "Medic One" paramedic intercept calls. We are proud of our accomplishments and look forward to serving the public.

We also congratulate EMT Dennis Kitchen for being honored as our "Star of Life" at the American Ambulance Association's Stars of Life celebration in our nation's capital.

With the continued support of the citizens, our employees, and community governing bodies, we have been able to level fund or lower our assessment rate for the past 29 years. Since 1990 the Assessment rate has been decreased by 36%. Our current assessment rate is $4 per capita and remains unchanged for the next fiscal year. The public support of our Membership program, direct donations, memorials and estate gifts have been vital to our continued success. Thank you.

This past year three new ambulances were put into service to replace older ambulances with more than 100,000 miles of service on each. We also purchased Lucas, automated chest compression systems for each ambulance. These devices are used to help increase the survivability of Cardiac Arrest patients.

Our motto "Serving People First with Pride, Proficiency and Professionalism" is demonstrated by our employees commitment to continuing EMS training. Each year our employees have specialized training in Critical Care Paramedicine, Advanced Cardiac Life Support, Basic Life Support, Prehospital Advanced Trauma Life Support, Pediatric Advanced Life Support, Neonatal Resuscitation, Emergency Vehicle Operations, Bloodborn Pathogens and a variety of continuing education programs. Our professional staff is extremely capable and dedicated.

Monthly C.P.R. classes are taught at Regional Ambulance. Last year, through the R.A.S. Training Center, 1,707 people were trained in C.P.R. Tours, lectures, demonstrations, and C.P.R. classes are available for the general public. Child Car Seat inspections are held Thursdays at the Regional Ambulance building and 121 child car seat inspections were completed through this program.

The public is encouraged to visit and talk to the employees and Administrator at our Stratton Road facility. Please feel free to contact James Finger, Chief Executive Administrator, or your Representative, if you have any questions concerning the service.

We are proud of our accomplishments and look forward to serving you in the future. The Board of Directors, Administration and employees of Regional Ambulance Service, Inc. will continue working to provide the highest quality of emergency ambulance care at the lowest possible cost to all of the citizens we serve.

Sincerely, Paul Kulig, President
R.A.S. Board of Directors

Aleda Dutton
Town of Castleton Representative
R.A.S. Board of Directors

RSVP & The Volunteer Center

6 Court Street, Rutland, Vermont 05701 ● (802) 775-8220 ● Fax: (802) 775-8221 ● TTY/TDD: 800-253-0191
www.volunteersinvt.org ● E-mail: rsvp@volunteersinvt.org

2014 REQUEST FOR TOWN FUNDING & Yearly Report for 12-13
TOWN OF: CASTLETON AMOUNT REQUESTED: $875.00

RSVP and The Volunteer Center is an "Invitation to Serve" program for people of all ages who want to meet community needs through meaningful use of their skills, talents, interests and knowledge in volunteer service. Needs are met in critical areas such as human services, elder care, health care, education, literacy, and the arts, just to name a few. RSVP/VC involves individuals in service that matches their personal interests and makes use of their varied life and professional experiences. Through such efforts, RSVP/VC is meeting the needs that strained local budgets cannot afford. RSVP/VC enables people to contribute to their communities while enjoying the personally satisfying and rewarding experience that community engagement offers. Additionally, over the past 10 years RSVP has implemented several "Signature Programs" aimed at addressing pressing community needs. These programs include ***RSVP TeleCare,*** a telephone reassurance and safety check in program offered **FREE** to Rutland County seniors, a children's literacy and mentoring program called ***RSVP Rutland County Reads,*** and after school program called ***RSVP After School Buddies,*** an osteoporosis prevention program, ***RSVP Bone Builders***, which provides **FREE** strength and balance exercise classes with RSVP/VC volunteer instructors to Rutland County residents, and ***RSVP Operation Dolls & More***, in which RSVP/VC volunteers restore and refurbish donated dolls, toys books and games. Last year over 10,000 items were distributed to 2,000 children and over 50 organizations to share with clients.

Locally, **RSVP/VC is the largest program of coordinated volunteer services** serving the people of Rutland County with **881 volunteers**. From April 1, 2012 to March 31, 2013, RSVP/VC volunteers provided **141,081 hours of community service**. The cost benefit to the communities of Rutland County in terms of cost of services provided equals **$2,964,111.**

The monies we request are used to help defray the costs of providing services that impact the lives of citizens of all ages throughout Rutland County. Many RSVP volunteers throughout our region stepped up along with their neighbors to assist after the damage from Irene this past summer.

Currently in Castleton, 43 volunteers donate their services to the following non-profit organizations:
American Red Cross, RAVNAH, One-2-One, Dismas House, Castleton Free Library, Rutland Regional Medical Center, Fair Haven Concerned, Rutland County Head Start, Castleton Elementary School, Young At Heart Club, Fair Haven Free Library, Northwest School, Vermont Association for the Blind, Rutland Regional Chamber of Commerce, Bridges and Beyond, The Castleton Community Center, COVE, PACE, Interage Adult Day Care Program, Templewood Court, West Rutland Free Library, Nature Conservancy, Community Cupboard, MSJ, The Meadows at East Mountain, ***RSVP Bone Builders, RSVP Operation Dolls & More,*** and ***RSVP Rutland County Reads.*** Currently, there are **several Bone Builders classes offered in Castleton FREE of charge** to area residents.

Some of the services they provide include; delivering meals, knitting mittens and clothing for needy children, entertaining and activity assistance at nursing homes, providing office and accounting assistance, library assistance, cooking, collecting and delivering clothing donations, and couriering at the hospital, tutoring and mentoring students in the schools, friendly visitation to elders, preparing bulk mailings, assisting at local food banks, board member at local non profit, Sudoku instructor, exercise leaders for the ***RSVP Bone Builders*** program, restoring dolls and toys for the ***RSVP Operation Dolls & More*** program, reading to children through the ***RSVP Rutland County Reads*** program.

On behalf of RSVP & The Volunteer Center, I would like to thank the residents of Castleton for their continued support. As financial constraints effect more and more non-profit organizations, the need for volunteers increases. With your help, RSVP/VC will continue to respond to this need.

Sincerely,

Nan M. Hart, Director
November 14, 2013

Town of Castleton

TO THE OFFICERS AND CITIZENS OF CASTLETON:

In 2013, Rutland Area Visiting Nurse Association & Hospice (RAVNAH) provided Rutland County residents with exceptional home care, hospice and community health services. From infants with hi-tech needs to our most senior population facing end-of-life care, we continued to bring medically necessary healthcare wherever it is needed, regardless of a client's ability to pay, location of residence, or complexity of health issues.

In the face of shrinking government and state reimbursements and rising healthcare costs, RAVNAH has continued to identify community needs and provide essential cost-effective health care services to some of Rutland County's most vulnerable individuals.

Last year, RAVNAH's dedicated staff made more than 81,041 visits to 2,432 patients. In the town of Castleton, we provided 4,929 visits to 133 individuals.

In closing, we wish to thank you for your past support. With your vote of confidence, we will continue to meet our mission to enhance the quality of life of all we serve through comprehensive home and community health services.

Ronald J. Cioffi, Executive Director *Dr. Richard Lovett, President of the Board of Directors*

765 Stevens Road
Pittsford, VT 05763

Rutland County Humane Society

Annual Report to the Town of Castleton

For 2013

The Rutland County Humane Society is dedicated to the goal of helping citizens make their communities more humane. We provide shelter and adoption opportunities for pets who are homeless and promote animal welfare through community programs and events that benefit both animals and people.

RCHS acts as the coordinator for animal cruelty cases in Rutland County and works to provide relief for victims of animals neglect and abuse. In 2013, RCHS took in 75 animals to shelter from abuse and neglect cases.

The RCHS shelter is the largest program of the agency, taking in more than 1,200 animals in 2013

Our agency is funded through fees for service, town funding and donations or special events. We thank those who support our operations, including the Town of Castleton.

In 2013, the Rutland County Humane Society took in 19 animals from Castleton and received 5 complaints of animal cruelty.

Please call as at 483-9171 if you have would like further information about the Rutland County Humane Society.

Rutland County Solid Waste District Annual Report – Calendar Year 2013

The Rutland County Solid Waste District offers a variety of solid waste, recycling, waste education, household hazardous waste, composting and administrative support programs for our seventeen member municipalities. Some services are also available to non-District communities on a fee for service basis. In addition, the District operates a regional drop-off center and transfer station at Gleason Road in Rutland City. District program, facility and rate information is now available on our web site, www.rcswd.com.

Waste Disposal: During 2013, residents and businesses in our member municipalities disposed of approximately 32,000 tons of municipal solid waste; nearly all of this was through the District's master disposal contract with Casella Waste Management. The cost of disposal, handling and transportation from the District Transfer Station at Gleason Road to the landfill was $79.58 per ton. State taxes, district surcharge and the Rutland City Host Community Fee totaled $23.97, for a final disposal cost of $103.55 per ton. Tonnage was down this year largely in part due to the downturn in the economy.

Recycling: The District owns a Material Recovery Facility (MRF), recycling center in Rutland City that is leased to Casella Waste Management for their operations. The MRF accepts seventeen recyclable commodities from transfer stations, commercial haulers and large generators for processing and sale for re-use. The facility currently receives approximately 35,000 tons of recyclables a year. The MRF had switched over to zero-sort in November of 2011. The equipment is designed to handle up to 15 tons an hour with the capability of expansion overtime. As part of this process, the facility can now take plastics #3 through #7.

Household Hazardous Waste: Rutland County Solid Waste District operates an extensive Household Hazardous Waste (HHW) program for district residents. The program operates year-round from the Gleason Road facility, and scheduled collections at twenty town transfer stations through the spring, summer and fall. The HHW program collects and safely disposes of dozens of hazardous, flammable and toxic materials, anti-freeze, pesticides, used motor oil, asbestos, fluorescent tubes, computers and electronics. The District also collects electronic waste. Since the law became effective for dropping off computers, TV's and printers for free (and all other e-waste for a charge the District has been inundated with e-waste. In 2013 the District collected over 364,143 lbs from District Towns... For 2013 the District collected over 60,911 linear feet of florescent bulbs; 1,654 compact fluorescent bulbs, 2,790 compact fluorescent bulbs with ballast, 1,414 U-tubes, Circline Fluorescents; 180 HID, Mercury Vapor, Metal Halide bulbs; 1,270 UV fluorescent bulbs. The District served over 870 households and 65 businesses at the Gleason Road Depot. The District collected 19,138 lbs. of flammables and solvents, 1,910 lbs. of glycols (antifreeze), 2,704 lbs. of oxidizer lab packs, 1,100 lbs. of oil based paints, 3,645 lbs. of non-process resins, 1,905 lbs. of pesticides, and 9,224 lbs. of waste oil. The District also collected over 181 refrigerators, 87 dehumidifiers and 230 air conditioners.

The VT Legislature passed in 2013 a law that will allow Vermonters in 2014 to drop off latex paint for recycling at various locations throughout the state including numerous participating hardware stores.

Food Waste – The District in cooperation with the Rutland Natural Resources Conservation District have helped to oversee the collection of food waste from Hannaford's to a composting facility in Middlebury. Act 148 passed by the VT Legislature in 2012 bans all food waste from the landfill by 2020.

Other Programs: The District also offered other waste management, education and reduction programs, including construction and demolition waste, clean wood and composting. The District is continuing with its "Merry Mulch" program in collecting and processing over 1,200 Christmas trees annually. The District also has been working with and providing recycling materials or information to various local organizations including the Rutland Master Gardener's Club, the Rutland Dismas House, Rutland Neighborhood Program, Vermont Southwestern Council on Aging, Rutland Hospital and Women's Network & Shelter and the Rutland County Humane Society.

In 2013 the District participated in several local programs including Green Up Day, the Rutland Regional Chamber of Commerce Business Show, Solar Fest and the third annual Trash to Art Program with Sustainable Rutland.

An additional highlight of 2013 is the District's participation in the Vermont Product Stewardship Council (VTPSC). The Council was formed in 2009 with the mission to shift Vermont's product waste management system from one focused on government funded and ratepayer financed waste diversion to one that relies on producer responsibility in order to reduce public costs and drive improvements in product design that promote environmental sustainability. Founding members include the majority of the other Solid Waste District's and Alliances in the state. Legislation for 2014 will most likely focus on recycling batteries.

James O'Gorman
District Manager

COMMUNITY CARE
NETWORK

In the year 2013, 27 towns in Rutland County supported the work of Rutland Mental Health Services through town giving. Our agency is committed to providing quality services regardless of an individual's ability to pay. The generous support of towns such as the Town of Castleton assures that quality services are available for their families, friends and neighbors. Town giving dollars support services which include:

- Individual Counseling for Children, Adults and Families
- Substance Abuse Treatment Services
- Emergency/Crisis Services

During fiscal year 2013, Rutland Mental Health Services provided 4,027 hours of services to 129 Castleton residents. We value our partnership with the Town of Castleton in providing these much needed services and thank you for your continued support.

Dan Quinn

President and Chief Executive Officer
Rutland Mental Health Services, Inc

ANNUAL REPORT - 2013

Rutland Regional Planning Commission

www.rutlandrpc.org

RRPC Mission:

To develop and implement a regional plan, to provide assistance to municipalities with the planning process and information gathering, to be a central repository of planning information and to administer regional programs while remaining consistent with our federal and state requirements.

THE COMMISSION'S 2013 ACTIVITIES INCLUDED:

- Technical assistance on land use, community development, natural resource and transportation issues.
- Town Planning, including enhanced consultation meetings with Planning Commissions and the update and implementation of town plans, zoning and subdivision regulations.
- Update of the Rutland Regional Plan, including research on Child Care, Housing, Energy, Utilities and Facilities, Transportation, Recreation, and Libraries elements.
- Review of Act 250 and Section 248 projects, with comments to the Public Service Board and District Environmental Commission.
- Continued assistance to towns on resiliency planning and disaster recovery, including the development of hazard mitigation projects, a Public Assistance community briefing, updated lists of critical facilities and the update of local hazard mitigation plans. Regular disaster training for town officials and first responders through the Rutland Region Local Emergency Planning Committee, including emergency planning, preparedness, response, hazardous materials, and Incident Command System. Emergency management planning including helping towns updating their Emergency Operations Plans.
- Operate the Brownfields Reuse Program, conducting environmental site assessments, remediation planning and redevelopment assistance.
- Education, training, and information programs for municipal officials, reimbursement for program fees as well as quarterly Newsletters, a website and Facebook page. Meetings on pertinent subjects included Conducting Effective Meetings, Economic Development Strategies for Municipal Governments, Act 250, and Health and Planning in the Rutland Region.
- Use of GIS (Geographic Information Systems) tools to work on transportation, watershed planning, town planning and zoning, and infrastructure mapping.
- Support of the Rutland Region Transportation Council planning for the future multi-modal transportation needs of the Region. Prioritized and created a brochure of all transportation projects

funded with state and federal funds. Regular roundtables of local road commissioners to share information and discuss common problems and solutions.

- Supported agricultural viability through assistance to the Rutland Area Farm and Food Link.
- Natural resource planning, including work with the Rutland Natural Resource Conservation District and various green infrastructure projects.

In Castleton the Rutland Regional Planning Commission:

- Worked with Planning Commission to update Town Plan and Zoning Regulations.
- Created a Municipal Planning Grant application for a land use and economic development inventory and analysis.
- Assisted town on Transportation Alternatives application.
- Worked with town on Stone Valley Scenic Byway on an updated brochure, interpretive panels (at Crystal Beach) and podcasts, interactive map and a bicycle and pedestrian feasibility study.
- Completed an Enhanced Consultation of the town plan.
- Act 250/Section 248 project review.
- Reviewed culvert database and create GIS data.
- Conducted tabletop exercise involving Castleton Elementary and Village schools, and another tabletop of a shooting incident involving Castleton State College and the town.
- Contacted town to encourage update of its Emergency Operations Plan.
- Sent survey to fire department regarding firefighters' training on liquefied natural gas.

RUTLAND REGION TRANSPORTATION COUNCIL

The Rutland Region Transportation Council (RRTC) provides a forum for public involvement in transportation planning, the development of regional transportation planning and priorities for the Region, assistance on transportation projects, coordinates policies and priorities with the Vermont Agency of Transportation and promotes cooperation on transportation issues. The Rutland Regional Planning Commission (RRPC) provides planning, administrative, and geographic information system staff to the Council.

All towns in the Rutland Region can participate in the RRTC and those with representatives appointed by their town to the Council may vote on any issue. Meetings are held monthly, normally on the fourth Thursday, at the RRPC office. All are invited to attend. Questions about the Transportation Council may be directed to: Susan Schreibman, Assistant Director (775-0871 ext. 204) or Richard Baker, Chair (247-6366) or check the website: http://rutlandrpc.org/transportation.php.

Highlights of 2013 include:

- Assessed and prioritized the Rutland Region's VTrans transportation project list. A brochure of all transportation projects in the Region is available;
- Created and distributed Rutland Regional Bicycling Network map;
- Served on the Board of Marble Valley Regional Transit District and facilitated the regional advisory group of Public Transportation for the Elderly and Persons with Disabilities;
- Represented the RRPC/Regional Transportation Council on the Bi-State Rail Study, Statewide Safe Routes to School Task Force, and Blue Cross/Blue Shield Regional Advisory Board;
- Assisted towns with grant applications for bike racks, and bike/pedestrian feasibility studies;
- Assisted towns of Brandon, Fair Haven, Killington and Wallingford on Better Backroads grant applications and work to inventory culverts and input the data onto vtculverts.org, the state on-line culvert database;
- Completed a Local Road Network Analysis of Rutland City and Rutland Town for the area west of US7 (S. Main St.);
- Continued work on projects such as improvements to the US 7 and 4 corridors;
- Provided technical assistance to Rutland City for Rutland Creek Path- construction of Segment 2 and final engineering and construction of Segment 4 and a Feasibility Study for Segment 5;
- Assisted with siting and environmental clearance for The Crossroad of VT (US4 from West Rutland through Hartford) Byway signs;
- Worked with towns on Stone Valley Byway on an updated brochure, podcasts, interpretive panels (at Crystal Beach, Stone Bridge Inn, Wells Town Office, Rupert Fish and Wildlife Access, Manchester) and an interactive map and bicycle and pedestrian feasibility study. The Stone Valley Scenic Byway now extends along Route 30 from Hubbardton through Castleton, Poultney, Wells and Pawlet to Manchester in Bennington County;
- Assisted individual towns with infrastructure (culverts, road and sign) inventories to reduce their local match on bridge and structure grants;
- Conducted traffic counts and speed analysis reports for Mt. Tabor, Pittsford and Benson;
- Conducted bicycle/pedestrian counts in Rutland City;
- Participated in High Risk Rural Road Studies in Danby/Pawlet and Shrewsbury/Clarendon;
- Continued support of the Safe Routes to Schools Program;
- Coordinated monthly network sessions for the Road Commissioners/Foremen which included Highway Department Timesheet Program and Training in Excel, Culverts and GPS, VTrans' Safety and Enforcement Program, Flood Damage Mitigation Incentives, Tier 2 Reporting, Codes and Standards, and Hazard Mitigation.

Currently and in the future, the RRTC will continue working on these efforts, with the goal of coordinating land use and transportation to create a more balanced, efficient multi-modal transportation network.

SOUTHWESTERN VERMONT
COUNCIL ON AGING

Report to the Citizens of Castleton

This report describes the services that the Southwestern Vermont Council on Aging (SVCOA) provided to elders in Castleton in 2013:

Senior Meals:

The Council helped provide 4,940 meals that were delivered to the homes of 38 elders in your community. This service is often called "Meals on Wheels". We also supply "Blizzard Bags" containing "shelf-stable" meals to home delivered meal participants and other isolated elders for use during a weather related emergency. In addition, 85 Castleton elders came together at a luncheon site in your area to enjoy a nutritious meal and the company of others; 2,333 meals were provided.

Case Management Assistance:

SVCOA case management staff helped 68 elders in your community. Case managers meet with an elder privately in the elder's home or at another agreed upon location and assess the elder's situation. They will work with the elder to identify needs and talk about possible services available to address those needs. If the elder desires, the case manager will link the client to appropriate services, coordinate and monitor services as necessary, and provide information and assistance to caregivers. Case managers also help elders connect with in-home assistance programs, including a program called Choices for Care. This program is especially helpful to frail elders facing long term care placement who still wish to remain at home.

Other Services and Support:

1) "Senior HelpLine" assistance at 1-800-642-5119. Our Senior HelpLine staff provide telephone support to elders and others who need information on available programs and community resources; 2) Medicare and health benefit counseling information and assistance through our State Health Insurance Program; 3) Legal service assistance through the Vermont Senior Citizens Law Project; 4) Information about elder issues via the *"60Plus"* column appearing in the Rutland Herald; 5) Nutrition education and counseling services provided by SVCOA's Registered Dietician; 6) Senior Companion support for frail, homebound elders; 7) Outreach services to elders dealing with mental health issues through our Elder Care Clinician. This service is provided in cooperation with Rutland County Mental Health; 8) Transportation assistance; 9) Caregiver support, information and respite to family members and others who are providing much needed help to elders in need of assistance; 10) Money Management programs that offer a volunteer bill payer or representative payee service.

Vermont Association for the Blind and Visually Impaired
Report of Services for Town of Castleton

More than 10,500 Vermont residents are blind or visually impaired. Vision problems can complicate an individual's ability to perform daily tasks, stay mobile inside and outside the home, and enjoy leisure activities. Additionally, Vermont's rural nature makes it less likely for those with visual impairments to encounter others who face similar challenges, and thus creates feelings of isolation and a sense that they are not understood by their peers.

During Fiscal Year 2013, VABVI served 1,417 clients from all 14 counties in Vermont, including 5 adult clients from Castleton and 136 adults and 26 students in Rutland County.

Since 1926, VABVI, a nonprofit organization, has diligently pursued our mission of enabling Vermonters with vision problems, whether blindness or impairment, to achieve and maintain independence. We are the *only* private agency in Vermont to offer a complete range of services to visually impaired residents – and at no cost to the client.

Services include Rehabilitation (adapting daily living tasks to allow those with low vision to live independently); Orientation and Mobility (providing white cane and guide dog instruction, allowing individuals to navigate through their home and community independently); Assistive Technology (adaptive aids allow clients to successfully perform most activities they desire); Social Networking (improving social skills and providing a support network); and Statewide Transportation (volunteer drivers provide rides to medical appointments, grocery stores and for personal visits).

VABVI has four offices statewide, located in Brattleboro, Montpelier, Rutland and South Burlington. For more information about VABVI's services, or to volunteer, please contact us at (800) 639-5861, email us at *general@vabvi.org* or visit us our website at *www.vabvi.org*.

If you would prefer to receive this information by email, please contact Emily Mason, Development Coordinator, at emason@vabvi.org or (800) 639-5861 ext. 217.

VERMONT ASSOCIATION FOR THE BLIND AND VISUALLY IMPAIRED
Toll Free (800) 639-5861 website www.vabvi.org

2012 – Vermont Department of Health Town Report

At the Vermont Department of Health, we are working every day for your health. With headquarters and laboratory in Burlington and 12 district offices around the state, we deliver a wide range of public health services and support to your community.

For example, in 2013 the Health Department:

Supported healthy communities: Rutland Area Prevention Coaltion was awarded $110,000.00.

Published a new resource guide for communities: *Healthy Community Design – Active Living & Healthy Eating*.

Provided WIC food and nutrition education to families: We served about half of all Vermont families with pregnant women and children to age 5 with WIC (Women, Infants and Children Supplemental Nutrition Program). WIC provides individualized nutrition education and breastfeeding support, healthy foods, and a debit card to buy fruit and vegetables. In Rutland County 2451 women, infants and children were enrolled in WIC. The average value of foods provided is $50 per person per month.

Worked to prevent and control the spread of disease: During the statewide outbreak of whooping cough in 2012 (645 cases total), we alerted health care providers and the public, promoted Tdap vaccine, and vaccinated 3,269 people on Dec. 19 at free district office vaccine clinics – 379 were vaccinated at the Rutland district office. By March 2013 in Rutland County, 12 cases were reported, compared to 131 cases by the same time in 2012.

Worked with the Agency of Agriculture to trap and test mosquitoes for West Nile virus and Eastern Equine Encephalitis (EEE) in parts of Addison, Rutland and Chittenden counties. We created a new online Tick Tracker tool at www.healthvermont.gov/ticktracker where anyone can report tick sightings anywhere in the state. Working with the Agency of Natural Resources, we collected deer ticks during hunting season to test for Lyme disease. During the mosquito and tick season, we provided extensive public information and outreach.

This year we also responded to 289 cases of infectious disease in Rutland County.

Promoted immunizations and healthy living: To improve childhood immunization rates, we launched www.oktoaskvt.org and social media to help parents of young children get answers to their questions about immunization. To encourage healthy eating and physical activity, we invited Vermonters to visit www.healthvermont.gov/mymoment.

Published Healthy Vermonters 2020 goals and performance dashboard: Launched a new online tool that will track real-time progress on more than 100 public health goals (such as smoking rates) and performance measures (such as calls to the quit line). Data can also be viewed on maps and as trends by county, district office area, and hospital service area. www.healthvermont.gov/hv2020

Your Health Department district office is in Rutland at 300 Asa Bloomer State Office Building, 802-786-5811 or toll free 888-253-8802 and fax 802-786-5984
For more information, news, alerts and resources: Visit us on the web at www.healthvermont.gov. Join us at http://www.facebook.com/#!/vdhrutland and www.facebook.com/HealthVermont. Follow us on www.twitter.com/healthvermont.

Vermont League of Cities and Towns 2013 Overview

Serving and Strengthening Vermont Local Government

The Vermont League of Cities and Towns (VLCT) is a nonprofit, nonpartisan organization that is owned by its member municipalities and directed by a 13-member Board of Directors comprised of municipal officials from across the state elected by the membership.

VLCT's mission is to serve and strengthen Vermont local government. All 246 Vermont cities and towns are members of VLCT, along with 145 other municipal entities, including villages, solid waste districts, regional planning commissions and fire districts.

Vermonters use local government services—including highways, police, fire, recreation, libraries, sewer, and water—on a daily basis. In large part, volunteer elected and appointed municipal officials lead these local governments.

VLCT provides the following services to its member cities and towns, so that they may provide their citizens with quality services at affordable costs:

- **Legal, consulting and education services**. In the past year, VLCT answered nearly 3,000 inquiries for assistance from municipal officials. Our Municipal Assistance Center (MAC) conducted 23 workshops that attracted more than 1,500 attendees. Our new Municipal Dog Control Workshop, for example, drew an audience of more than 100. Additionally, MAC conducted 14 "on-site" workshops held at municipal offices on a wide range of topics. Handbooks produced by MAC—including our new best-seller, "The Big Book of Woof," which explains municipal officials' responsibilities to dog issues—may be purchased or accessed free of charge on the Resource Library page of our website. The Library also contains nearly 1,000 other electronic documents, including technical papers, model polices, and newsletter articles that are accessible to the general public. MAC has also retained the services of professionals in municipal finance, administration, and policing to provide consulting advice to towns.

- **Advocacy**. VLCT's Advocacy Department lobbies the state and national governments to ensure that municipalities have the resources and authority they need to serve their citizens. VLCT is a leader in the education property tax debate, enhancing local voter authority in governance decisions, land use discussions such as lakeshore zoning and renewable energy generator siting, and securing revenues for town highway and bridge maintenance programs. Municipalities will face significant challenges in the 2014 legislature as limited financial resources at the national and state level force more demand for services to the local level.

- **Purchasing opportunities to provide needed services at the lowest cost**. Examples include municipal unemployment, property, casualty, and workers' compensation insurance coverage for town operations. The VLCT Health Trust continues to assist towns with Vermont Health Connect and to help municipalities not in the exchange secure health insurance through the marketplace. The substantial municipal damage resulting from Tropical Storm Irene and the storms of the summer of 2013 makes the value of **VLCT Property and Casualty Intermunicipal Fund (PACIF)** to all our members painfully clear, as they benefitted from the broad coverage, excellent re-insurance, and prompt service and claims payments. In 2010, our three Trusts were responsible for $43 million in municipal tax dollars spent for insurance and risk management services.

To learn more about the Vermont League of Cities and Towns, including its audited financial statements, visit the VLCT website at www.vlct.org.

PERMITS TO BE OBTAINED

TYPE	LOCATION
LICENSES:	
Dog License	Town Office/Town Clerk
Liquor/Tobacco	Town Office/Town Clerk
Marriage	Town Office/Town Clerk
Vehicle Registration Renewals	Town Office/Town Clerk
PASSES:	
Town Beach – Crystal Beach	Crystal Beach
Trash/Recycling	Transfer Station
PERMITS:	
Building - Zoning/Subdivision	Town Office/Zoning Administrator
Burning Permit	Forest Fire Warden
Highway Access/Right-of-Way	Town Office/Highway Foreman
Highway Uniform Excess Weight Permit	Town Office
Highway Access/Driveway Cut Permit	Town Office/Highway Foreman
Municipal Sewer Allocation	Town Office /WWTF Supervisor
Municipal Sewage Disposal	Town Office/WWTF Supervisor
On-Site Septic Permit	Town Office/Health Officer
Fire Works Permit	Town Manager/Police Dept./Fire Dept.
School Building/Grounds Usage	Elementary & Village Schools
Water Connection	Castleton Fire District # 1 Castleton Fire District # 3
TELEPHONE NUMBERS:	
Town Clerk	(802) 468-2212
Crystal Beach	(802) 273-2424
Transfer Station	(802) 468-3005
Zoning Administrator	(802) 468-5319 ext. 225
Forest Fire Warden	(802) 342-0167
Highway Garage	(802) 468-2459
Wastewater Treatment Facility	(802) 468-5315
Health Officer	(802) 468-5319 ext. 215
Town Manager	(802) 468-5319 ext 201
Police Department	(802) 468-5319 ext. 219
Fire Department (Chief)	(802) 342-0167
Castleton Elementary School	(802) 468-5624
Castleton Village School	(802) 468-2203
Castleton Fire District #1 (Collector)	(802) 468-8900
Castleton Fire District # 2 (Collector)	(802) 278-8013
Castleton Fire District #3 (Collector)	(802) 278-8013
Castleton State College	(802) 468-5611

GENERAL INFORMATION

1. **Population** – 4,717 (2010 Census) **Registered Voters** – 2,978

2. **Area** – 26,688 acres
   38 square miles

3. **Roads** - Class I – 1.096 miles
   II – 17.860 miles
   III – 36.110 miles
   IV – 4.880 miles
   State Hwy – 21.649 miles

   81.595 total miles of roads in the town.

   59.946 miles are maintained by town

4. **Fiscal Year 2013/2014 Budgets:**

Town Budget	$ 2,648,149
Sewer Budget	$ 606,915
School Budget	Castleton Town School Budget (see school budget pages)

5. **Town Manager Form of Government:**

Board of Selectmen	5
Development Review Board	5
Planning Commission	5
Recreation Commission	9

6. **School Enrollment:**

Castleton Schools (EEE-8)	Total enrollment	394
	Castleton	329
	Hubbardton	59
	Other	6
F.H.U.H.S. (9-12)	Total enrollment	434
	Castleton	131

7. **Town does have:** Town Plan
   Zoning Regulations
   Subdivision Regulations

8. **Secondary Wastewater Treatment Facility**

9. **Castleton Fire District # 1** – provides water & street lighting within village limits.

10. **Castleton Fire District # 2** – provides street lighting in the Hydeville area.

11. **Castleton Fire District # 3** – provides water in the Castleton Corners area.

12. **Lake Bomoseen and Glen Lake** within town.

13. **Bomoseen State Park** within town.

14. **Crystal Beach** – town owned and operated on Lake Bomoseen.

15. **Dewey Field** – town owned and operated recreation area.

16. **Castleton State College** – college facility located within village limits.

DATES TO REMEMBER

February 26	Last day to register to vote for March 4th Election at Town Clerk's Office by 5:00 P.M.
February 28	Due date for the 3rd quarter of the 2013/2014 taxes.
March 3	Business portions of Town & School District Meeting 7:00 P.M. at C.S.C. Jeffords Center.
March 4	Election of Town & School, District Officers and Budget Vote 8:00 A.M. to 7:00 P.M. at the Crippen Fellows American Legion Post # 50 at 378 Route 4A West.
March 22	Rabies Clinic & Registration of Dogs at the Town Garage on Staso Road from 10:00 A.M. - 12:00 Noon. Rabies shots are also available for cats.
March 31	Due date of the 2nd half of the 2013/2014 sewer service charges.
April 1	Base date for setting appraisal value and determining ownership for real estate property.
April 1	Last day to register dogs without 50% penalty charge.
May 1	Last day for Listers to receive application for tax exemption due to Veteran's Exemption Eligibility Statements.
May 31	Due date of the 4th quarter of the 2013/2014 taxes.
June 3	Concerts on The Green commence – Tuesdays at 7:00 P.M. June 3 thru August 12
July 4	Governor's Institute on the Arts Parade (time to announced)
August 6 & 7	Lion's Club Auction on "The Green".
August 16	Castleton Woman's Club Colonial Day
August 31	Due date of the 1st quarter of the 2014/2015 taxes.
September 30	Due date of the 1st half of the 2014/2015 sewer service charge.
November 30	Due date for the 2nd quarter of the 2014/2015 taxes.

MEETINGS

SELECT BOARD
2nd & 4th Mondays of each month
at 7:00 P.M. as posted.

PLANNING COMMISSION
2nd & 4th Tuesdays of each month
at 7:00 P.M. as posted.

RECREATION COMMISSION
1st Tuesday of each month
5:30 P.M. at the Castleton
Elementary School as posted.

DEVELOPMENT REVIEW BOARD
1st & 3rd Tuesdays of each month
at 7:00 P.M. as posted.

ECONOMIC DEVELOPMENT COMMITTEE
As Posted.

ALL MEETINGS ARE HELD AT THE MUNICIPAL OFFICES UNLESS OTHERWISE POSTED
AGENDAS ARE POSTED ACCORDING TO VERMONT STATUTES